
**WEST HIGH YIELD (W.H.Y.) RESOURCES LTD.
NEWS RELEASE**

**For Immediate Release
Calgary, Alberta**

**Monday October 6, 2014
TSXV Trading Symbol: WHY
50,511,759 Common Shares Issued**

WEST HIGH YIELD PROVIDES CORPORATE UPDATE

CALGARY, ALBERTA – October 6, 2014. West High Yield (W.H.Y.) Resources Ltd. (“West High Yield” or the “Company”) announces it has commenced the permitting process for the sale of a 10,000 ton bulk sample and gold reclamation. The Company has also completed a 99 sample testing of historical gold mining reject rock. These samples have been sent for assay and results will be released as received. The reject rock pile is composed of rock which has never been milled. The rock was extracted from the many mines which are located on the Company’s Rossland property from 1885 to 1960.

The Rossland Gold Camp ranks historically as the second largest lode gold producer in the province of British Columbia. Between 1894 and 1957, the camp produced more than 73,860 kilograms of gold, 107,000 kilograms of silver and 54,295 tonnes of copper.

The Company continues to focus on financing development of its Record Ridge Magnesium Property.

Maria Marasco of Calgary, has been appointed to the Board of Directors. Mrs. Marasco is an independent business woman and member of the Marasco family which owns and controls 25,000,144 Common Shares or 49.5% of the issued and outstanding Common Shares of the Company.

The Company has set its Annual and Special Meeting date for Wednesday November 19, 2014.

About West High Yield

West High is a publicly traded intermediate mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel and magnesium properties. The Company is currently undertaking to develop its magnesium property located in Rossland, British Columbia.

For further information please contact the officers below or visit the Company’s website at www.whyresources.com.

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Reader Advisory

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This news release contains forward-looking statements. The Company has provided the forward-looking statements in reliance on assumptions that it believes are reasonable at this time. The reader is cautioned that the assumptions used in the preparation of the forward-looking statements may prove to be incorrect. All such forward-looking statements involve substantial known and unknown risks and uncertainties, certain of which are beyond the Company's control. Such risks and uncertainties include, without limitation, delays resulting from or inability to obtain required regulatory approval. The actual results, performance or achievements could differ materially from those expressed in, or implied by, these forward-looking statements and, accordingly, no assurances can be given that any of the events anticipated by the forward-looking statements will transpire or occur, or if any of them do, what benefits, including the amount of proceeds, the Company will derive therefrom. Readers are cautioned that the foregoing list of factors is not exhaustive.