
**WEST HIGH YIELD (W.H.Y.) RESOURCES LTD.
NEWS RELEASE**

**For Immediate Release
Calgary, Alberta**

**May 22, 2014
TSXV Trading Symbol: WHY
49,276,093 Common Shares Issued**

WEST HIGH YIELD RELEASES 2013 FINANCIAL RESULTS

CALGARY, ALBERTA – May 22, 2014. West High Yield (W.H.Y.) Resources Ltd. (“West High Yield” or the “Company”) announces the release of its financial results and Management Discussion and Analysis (“MD&A”) for the three months ended March 31, 2014. The unaudited interim condensed financial statements and related MD&A for the year three months ended March 31, 2014 have been filed with Canadian securities regulatory authorities on SEDAR at www.sedar.com.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel and magnesium properties.

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