

**WEST HIGH YIELD ANNOUNCES
SECOND QUARTER 2008 INTERIM FINANCIAL RESULTS**

CALGARY, ALBERTA. August 28, 2008 - West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") announces the release of its financial results for the three and six months ended June 30, 2008 and the Management Discussion and Analysis ("MD&A") dated August 26, 2008. The unaudited financial statements and related MD&A for the three and six month period ended June 30, 2008 have been filed with Canadian securities regulatory authorities on SEDAR at www.sedar.com.

Highlights

- The Company commenced 2008 field season drilling operations on May 27, 2008 and completed the drilling of approximately 11 drill holes and 1,238 metres of core on the Company's properties to June 30, 2008. Assay results will be released when available.
- The Company provided core samples to both SGS Minerals Services ("SGS") in Lakefield, Ontario and Met-Solve Laboratories Inc. ("Met-Solve") in Burnaby, British Columbia to undergo a series of mineralogical tests to establish magnesium recoverability. The Company anticipates the final reports from these analyses in the next few months.
- During the quarter, the Company entered into an agreement with a drilling contractor where the Company committed to a minimum of 6,096 metres of core drilling services and the Company financed the purchase of a drilling rig for its drilling contractor.
- During the quarter ended June 30, 2008, the Company recorded a net loss of \$473,736 or \$0.01 per share (year to date \$711,316 or \$0.02 per share) compared to a net loss in the corresponding period of 2007 of \$759,583 or \$0.02 per share (year to date \$1,066,248 or \$0.03 per share). At June 30, 2008, the Company had a working capital surplus of \$2,048,468 compared to a working capital surplus of \$3,846,016 at June 30, 2007. The current working capital surplus position will allow the Company to fund this year's exploration activities.
- In 2008, the Company plans to actively work the property and drill approximately 40 vertical NQ diamond drill holes. To date, the Company has completed 26 drill holes totaling 2,798 metres.
- Mr. Warren Robb resigned as a director of the Company. The Board of Directors would like to thank Mr. Robb for his dedication and contributions to the Company and to wish him every success in his future endeavors.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel and magnesium properties.

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