



West High Yield Announces Permit Application Submission

CALGARY, Alberta, Feb. 14, 2019 -- West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") (TSXV: WHY) is pleased to announce that it has submitted a joint Permit Application for a *Mines Act* permit and *Environmental Management Act* permit (the "Permit Application") proposing to develop and operate its Record Ridge Industrial Mineral Mine Magnesium Project (the "RRIMM Project") near Rossland, British Columbia.

This Permit Application's structure and content follows the guidance provided in the "Joint Application Information Requirements for Mines Act and Environmental Management Act Permits" (dated February 2016) prepared by the BC Ministry of Energy and Mines and the BC Ministry of Environment (together, the "Ministries") and associated draft Section 4 revision (dated March 22, 2018). In addition, the Permit Application addresses the list of information requirements as per the Joint Information Requirements Table ("IRT") that was developed and reviewed by the Mine Development Review Committee of the Major Mines Permitting Office, specifically for the RRIMM Project.

The Company began an extensive program of collecting environmental data in 2016 under the guidance and direction of Greenwood Environmental Inc. and in close coordination with SRK Consulting (Canada) Inc. who provided engineering oversight and mine planning. The Company's RRIMM Project team has met weekly and has participated with the reviewers from the Ministries in the pre-application phase to determine the requirements and any specifics and methodologies that were or may be required for the Permit Application.

The Permit Application will now be screened against the information required in its unique IRT and any changes or additional information requested will be considered by the Company. The Permit Application includes the principal report and 31 individual management reports and environmental assessments.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada.

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Reader Advisory

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Forward-looking information is based on the opinions and estimates of management at the date the statements are made, and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those anticipated in the forward-looking information. Some of the risks and other factors that could cause the results to differ materially from those expressed in the forward-looking information include, but are not limited to: general economic conditions in Canada and globally; industry conditions, including governmental regulation; failure to obtain industry partner and other third party consents and approvals, if and when required; the availability of capital on acceptable terms; the need to obtain required approvals from regulatory authorities; stock market volatility; competition for, among other things, skilled personnel and supplies; changes in tax laws; and other factors. Readers are cautioned that this list of risk factors should not be construed as exhaustive.

Readers are cautioned not to place undue reliance on this forward-looking information, which is given as of the date hereof, and to not use such forward-looking information for anything other than its intended purpose. The Company undertakes no obligation to update publicly or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable law.

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