

For Immediate Release
Calgary, Alberta

Wednesday, November 26, 2008
TSXV Trading Symbol: WHY
40,830,794 Common Shares Issued

WEST HIGH YIELD ANNOUNCES
THIRD QUARTER 2008 INTERIM FINANCIAL RESULTS

CALGARY, ALBERTA, - November 26, 2008. West High Yield (W.H.Y.) Resources Ltd. (“West High Yield” or the “Company”) announces the release of its financial results for the three and nine months ended September 30, 2008 and the Management Discussion and Analysis (“MD&A”) dated November 24, 2008. The unaudited financial statements and related MD&A for the three and nine month period ended September 30, 2008 have been filed with Canadian securities regulatory authorities on SEDAR at www.sedar.com. During the quarter ended September 30, 2008, the Company recorded a net loss of \$848,025 or \$0.02 per share (year to date \$1,559,341 or \$0.04 per share) compared to a net loss in the corresponding period of 2007 of \$854,350 or \$0.02 per share (year to date \$1,920,598 or \$0.05 per share). At September 30, 2008, the Company had a working capital surplus of \$1,177,999 compared to a working capital surplus of \$2,703,304 at December 31, 2007. The current working capital surplus position will allow the Company to fund the Company's exploration activities for the early portion of the 2009 drilling season.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel, and magnesium properties.

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