

**For Immediate Release
Calgary, Alberta**

**Friday, April 25, 2008
TSXV Trading Symbol: WHY
40,820,794 Common Shares Issued**

WEST HIGH YIELD ANNOUNCES 2007 ANNUAL FINANCIAL RESULTS

CALGARY, ALBERTA, - April 25, 2008. West High Yield (W.H.Y.) Resources Ltd. (“West High Yield” or the “Company”) is pleased to announce the release of its financial results for the year ended December 31, 2007 and the Management’s Discussion and Analysis (“MD&A”) dated April 24, 2008. The audited financial statements and related MD&A for the period ended December 31, 2007 were filed with Canadian securities regulatory authorities on SEDAR at www.sedar.com.

Highlights

- Phase 3 of the Company’s 2007 core drilling program was completed in November, 2007. During 2007, approximately 6,279 metres of core was drilled on the Company’s property near Rossland, British Columbia.
- The Company previously announced that it had received the analysis for the 31 drill holes completed on its 2007 Diamond Drill Program drilled on the Company’s properties. The assay results for drill holes were provided by Assayer Canada of Vancouver, British Columbia.
- In the course of its exploration activities on its claims, the Company intersected broad zones of Ultramafic rock containing magnesium, nickel and cobalt mineralization.
- During the quarter ended December 31, 2007, the Company recorded a net loss of \$318,962 or \$0.01 per share (year to date \$2,239,560 or \$0.06 per share) compared to a net loss in the corresponding period of 2006 of \$572,369 or \$0.02 per share (year to date \$1,986,511 or \$0.07 per share). At December 31, 2007, the Company had a working capital surplus of \$2,703,304 compared to a working capital surplus of \$1,657,594 at December 31, 2006. The current working capital surplus position will allow the Company to fund this year’s exploration activities.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel, magnesium and cobalt properties.

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