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Calgary, Alberta

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**WEST HIGH YIELD RELEASES LATEST 2007 DRILL RESULTS
AND CONTINUES TO AVERAGE HIGH MAGNESIUM CONTENT**

CALGARY, ALBERTA. February 5, 2008. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") announces that the Company has received the analysis for drill holes 9, 10 and 11 from its 2007 Diamond Drill Program. The Company has now received analysis for 12 out of 31 total drill holes and previously announced the results of drill holes 1 through 5, 6, 7, 8 and 14. Drill holes 9, 10 and 11 were drilled on the Company's Ivanhoe Ridge property and the assay results were provided by Assayer Canada of Vancouver, British Columbia. The Company anticipates receiving the results of the remaining 19 drill holes within the next 6 weeks. In the course of its exploration activities on the Ivanhoe Ridge property, the Company continues to see results which are consistent with the first 9 drill holes drilled on the Ivanhoe Ridge property. This includes broad zones of ultramafic rock containing magnesium, nickel, cobalt, chromium and magnetite mineralization. The chart below summarizes the results for drill holes 9, 10 and 11 which have an average of .1721% nickel and 20.5% magnesium.

DDH IV07	Hole Angle	Depth meters		Length metres	Nickel %	Cobalt ppm	Chromium %	Magnetite %	Magnesium %
		From	To						
9	-50°	3.4	25.6	22.2	.1402	88	0.20	4.2	16.9
		34.7	91.42	56.72	.1737	105	0.28	5.8	22.0
10	-55°	1.22	11.22	10.0	.1573	97	0.18	4.3	20.0
		87.82	101.55	13.73	.1469	92	0.24	4.5	16.9
		115.87	306.34	190.47	.2083	113	0.33	4.9	25.4
11	90°	3.66	52.94	49.28	.1820	103	0.28	5.9	22.4
		57.55	75.82	18.27	.1650	96	0.24	5.4	21.4
		79.33	90.22	10.89	.1535	87	0.22	5.8	17.0
		126.5	153.75	27.5	.2232	112	0.28	4.5	23.0

Disclaimers: The nickel values reported above include nickel in both sulphide and non-sulphide minerals as total nickel. The north portion of the Ivanhoe Ridge property includes areas of moderate sub-volcanic and intrusive interruptions into the serpentinites.

In the 2007 Drill Program, the Company completed 30 NQ diamond drill holes totaling 6,012 metres on its Ivanhoe Ridge property and 1 NQ diamond drill hole (267 metres) on its Golden Drip Claim prior to closing down field activities for winter in November, 2007. Ivanhoe Ridge and Golden Drip are located near Rossland, British Columbia. In previous press releases, the Company advised that it continues to intersect broad zones of ultramafic rock containing magnesium, nickel, cobalt, chromium and magnetite mineralization.

The Company's field activities are supervised and the technical data for this report was prepared by H. Kim, P.Geo/P.Eng (Practicing), the Company's on-site Geologist.

About West High Yield

West High Yield is a publicly traded junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold, nickel, magnesium, cobalt and magnetite properties.

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