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WEST HIGH YIELD (W.H.Y.) RESOURCES LTD.

NEWS RELEASE

For Immediate Release

Calgary, Alberta

July 13, 2007

**TSXV Trading Symbol: "WHY"
40,179,644 Common Shares Issued**

WEST HIGH YIELD (W.H.Y.) RESOURCES ACQUIRES MINERAL CLAIM

CALGARY, ALBERTA, – July 13, 2007. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield") is pleased to announce that it has completed an asset purchase pursuant to which it has acquired a mineral claim in British Columbia from David Zamida.

The mineral claim purchased was White Buffalo - Mineral Tenure No. 529 441.

The purchase price for the mineral claim was satisfied by the payment of \$3,300 cash, 5,000 common shares of West High Yield and a net smelter returns royalty equal to 1% of all ores, minerals, metals and materials mined and removed from the mineral claim sold by David Zamida.

West High Yield is a junior exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold properties.

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