

For Immediate Release  
Calgary, Alberta

March 22, 2007  
TSXV Trading Symbol: "WHY"  
34,585,144 Common Shares Issued

**WEST HIGH YIELD RETRACTS RESERVE ESTIMATE**

**CALGARY, ALBERTA**, - Thursday, March 22, 2007. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") advises that it has not yet obtained an independent technical report with respect to its Rossland property and therefore the statement made in its news release of March 21, 2007 with respect to an estimated amount of reserves of 220,000 tons averaging 1.82 g/t Au in its Midnight property was not in compliance with NI 43-101 and the Company therefore wishes to retract this disclosure. The Company also advises that the resource should not be relied upon and the Company has no current mineral resources on the property.

West High Yield is a junior exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold properties.

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