

**WEST HIGH YIELD RESOURCES UPDATES DRILLING RESULTS**

**CALGARY, ALBERTA**, - January 19, 2007. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") announces that it has received its most recent assay result from holes SR06-12, SR06-14, SR06-15 and SR06-16. Significant gold values were returned from holes SR06-15 which returned 8.59 gram per tonne gold over 10 feet (3.048 meters) and hole SR06-16 which returned 15.89 gram per tonne gold over 13 feet (3.96 meters). The holes reported on formed part of the Company's 21 hole drill program designed to test the gold mineral potential of its Rossland Gold properties. The Company's 2006 diamond drilling programs completed in the 3 crown granted claims (Midnight, IXL and OK) are summarized in the following table:

CLAIM	DRILLSITE	TARGET	DRILLING
Midnight	1, 2 and 3	Lower extensions of the easterly striking veins of the Midnight 3100 level	12 holes totalling 5,197 feet
	4	No. 1 vein down dip below the Midnight 3100 level at the northern extremity	3 holes totalling 1,174 feet
IXL	5	Lower extensions of the easterly striking veins of the IXL workings	3 holes totalling 1,847 feet
OK	6	Lower extensions of the easterly striking veins of the OK workings	3 holes totalling 1,856 feet
		<b>TOTAL</b>	<b>21 holes totalling 10,074 feet</b>

The assay results reported in the tables below by the Company include the 4 recently assayed drill holes and updated information for the 11 holes previously reported and include intercepted core length and true widths.

**RESULTS OF DRILLING****SIGNIFICANT GOLD INTERSECTIONS**

CLAIM	SITE	DRILLHOLE	FROM ft	TO ft	DRILLED WIDTH ft	TRUE WIDTH ft	GRADE Au g/t
	1	SR06-1	129	155	23	17	3.53
			305	311	6	4.6	11.23
		SR06-2	187	199	12	8.5	4.8

Midnight	2	SR06-3	58.5 152	61 155	2.5 3	1.6 2.2	21.5 40.1	
		SR06-4	127.2 135.7 174.1	130.7 140.7 179.0	5.5 5 4.9	2.5 4 3	1.01 1.35 1.03	
		SR06-5	215 341	248 346	32 5	22 5	3.68 18.15	
	3	SR06-6	60	63	3	2	51	
		SR06-7	56 76 86	66 81.5 91	10 5.5 5	7 4 3.8	15 14.7 14.3	
		SR06-8	120.5 120.5	136 126.5	15.5 3.5	7.5 2	34.8 75	
	3	SR06-9	66	73	7	4.5	4.36	
		SR06-10	152 183.8	158 187	6 3.2	3 1.8	3.92 4.44	
		SR06-11	72.5 92.5	96 96	23.5 3.5	10.2 2.3	10.2 40.9	
		SR06-21	Not as yet Assayed					
		SR06-12	340	347.3	7.3	5	0.73	
		SR06-13	Assay in progress					
		SR06-19	Assay in progress					
	IXL	5	SR06-14	232 444 458	235 449 460	3 5	2.3 3.5	1.05 1.32
SR06-15			91 121	96.5 131	5.5 10	3 5.5	4.49 8.59	
SR06-16			76 121	91 133	15 13	10 8.5	5.94 15.86	
OK	6	SR06-17	Assay in progress					
		SR06-18	Assay in progress					
		SR06-20	Assay in progress					

West High Yield Resources is a junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold properties.

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***Certain information regarding the Company including management's assessment of future plans and operations, may constitute forward-looking statements under applicable securities laws and necessarily involve risks associated with mining exploration, production, marketing and transportation such as loss of market, volatility of prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other producers and ability to access sufficient capital from internal and external sources. As a consequence, actual results may differ materially from those anticipated in the forward-looking statements.***

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