

For Immediate Release
Calgary, Alberta

Tuesday, October 10, 2006
TSXV Trading Symbol: "WHY"
32,385,144 Common Shares Issued

**WEST HIGH YIELD RESOURCES ANNOUNCES INITIAL DRILLING RESULTS AND
GOLD INTERCEPTS**

CALGARY, ALBERTA, - October 10, 2006. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield" or the "Company") announces that it has successfully completed the drilling of 15 drill holes of its Phase 2 recommended diamond drill program on its Midnight, OK and IXL properties located on the western outskirts of Rossland, British Columbia. Of the 15 holes drilled, the first 3 were assayed by Loring Laboratories in Calgary with the balance being assayed by ALS Chemex Laboratories ("Chemex") of Vancouver, B.C. The Company is reporting the assay results from the first 8 holes which are summarized below (note that the lengths reported in the summaries are intercepted core lengths and are not true widths). The core from the remaining 7 drill holes are currently being assayed by Chemex and the results will be released when the assays have been completed.

Gold mineralization was encountered in 7 of the first 8 holes, with significant intersections reported from drill holes **DDH SR06-8** and **DDH SRO6-7**. Drill hole **DDH SR06-8** returned a weighted average of 30.45 grams per tonne gold over 18.5 feet (5.64 meters) including 36.2 grams per tonne gold over 2 feet (0.61 meters), 75.0 grams per tonne gold over 3.5 feet (1.07 meters) and 29.1 grams per tonne gold over 3 feet (0.91meters). Drill hole **DDH SR06-7** returned a weighted average of 12.16 grams per tonne gold over 4.5 feet (1.37 meters) includes 22.4 grams per tonne gold over 2 feet (0.61meters) from 53.5 feet to 58 feet and a second zone from 60 feet to 81.5 feet returned a weighted average of 11.86 grams per tonne gold over 21.5 feet (6.55 meters) including 29.2 grams per tonne gold over 2.5 feet (0.76 meters) and 24.9 grams per tonne gold over 2 feet (0.61 meters). Summaries of the first 8 holes appear below, note the lengths reported in the summaries are intercepted core lengths and are not true widths.

Additional drill hole results are as follows:

Drill Site 1

Drill hole DDH SR06-1 drilled at azimuth 011°, -57° dip, total depth 701 feet (213.66 meters) twinned a previous hole on Midnight 3100 Level Adit to approximately 700 feet drill depth and the geology of the 2 drill holes is well correlated. At approximately 200 feet from surface is mineralized light green serpentine which hosts disseminated sulfides. A 22 foot (6.71 meters) intercept from 127 feet to 149 feet returned a weighted average of 2.68 grams per tonne gold.

Drill hole DDH SR06-2 drilled at azimuth 036°, -57° dip, total depth 456 feet (138.99 meters) cored light green serpentine hosting quartz veins with zones of sulfide mineralization. The quartz veins were intersected at 146 and 187 feet, respectively. The first intersection is narrow (0.1) but contains sulfides including chalcopyrite and assayed 11.5 grams per tonne gold. The quartz vein at 187 feet is 1.5 feet thick and contains weakly disseminated pyrite and chalcopyrite and assayed at 6.93 grams per tonne gold.

Drill hole DDH SR06-3 drilled at azimuth 345°, -57° dip, total depth 450 feet (137.16meters) encountered a mineralized 2 foot quartz vein at a depth of 58.5 feet with an assay value of 23.9 grams per tonne gold. A 1 foot quartz vein was encountered at 325 feet which returned an assay value of 11.95 grams per tonne gold. This core contained sections of light green serpentine with siliceous and talcose patches which show up to 10% sulfides, chalcopyrite and pyrrhotite specks. A section of serpentine from 152 feet to 155 feet assayed 68.86 grams per tonne gold.

Drill Site 2

Drill hole DDH SR06-4 drilled at azimuth 011°, -57° dip, total depth 416 feet (126.80 meters) intersected black serpentine with moderately disseminated pyrite. No significant gold values were returned.

Drill hole DDH SR06-5 drilled at azimuth 036°, -57° dip, total depth 406 feet (123.75 meters) tested black serpentine from the collar to the depth of about 100 feet and continued in greenish to black serpentine to the end of the hole. A 130 foot drill section from 216 feet to 346 feet returned a weighted average of 2.3 grams per tonne gold. Included in this intersection is a 50 foot drill intersection from 296 feet to 346 feet which returned a weighted average of 3.17 grams per tonne gold including a 5 foot section of 18.5 grams per tonne gold.

Drill Site 3

Drill hole DDH SR06-6 drilled at azimuth 011°, -45° dip, total depth 256 feet (78.03 meters) encountered layered light green to dark green to black serpentine. The light green serpentine hosted disseminated sulfides of up to 5%. Sections of dark serpentine contained calcareous, talcose and siliceous stockwork and veinlets. This altered serpentine intercepted at 234 feet was cored for 6 feet and consists of mixed quartz veins and siliceous patches with pyrrhotite and pyrite specks of up to 10%. An additional gold mineralized intersection was encountered at a depth of 60 feet in which a 3 foot section of sheared serpentine returned the assay value of 51 grams per tonne gold.

Drill hole DDH SR06-7 drilled at azimuth 011°, -60° dip, total depth 106 feet (32.31) to a total depth of 106 feet. This hole encountered old mine workings and was stopped at a shallow depth but successfully intersected disseminated sulfide mineralization in the hanging wall and foot wall of the Baker vein. The hole returned intercepts with a weighted average of 12.16 grams per tonne gold over 4.5 feet (1.37 meters) includes 22.4 grams per tonne gold over 2 feet (0.61meters) from 53.5 feet to 58 feet. A second intercept from 60 feet to 81.5 feet returned a weighted average of 11.86 grams per tonne gold over 21.5 feet (6.55 meters) including 29.2 grams per tonne gold over 2.5 feet (0.76 meters) and 24.9 grams per tonne gold over 2 feet (0.61 meters). The following are the detailed results for this drill hole:

From	To	Interval (ft)	g/t Au
53.5	54	0.5	2.72
54	56	2	4.27
56	58	2	22.4
58	60	2	NA
60	62	2	1.07
62	64.5	2.5	29.2
64.5	66	1.5	9.27

66	68	2	0.6
68	70	2	0.6
70	71	1	2.44
71	76	5	15.8
76	77	1	18.25
77	79	2	24.9
79	80	1	6.51
80	81.5	1.5	5.03
86	91	5	14.25
91	96	5	0.2
96	105	9	0.56

Drill hole DDH SR06-8 drilled vertically, total depth 406 feet (123.75 meters) encountered dark green to greenish black serpentine returning significant gold values of which 18.5 feet is mineralized serpentine from 120.5 feet to 139 feet with a weighted average of 30.4 grams per tonne gold including a 3.5 foot section containing 75 grams per tonne gold. The following are the detailed results for this drill hole:

From	To	Interval (ft)	g/t Au
120.5	122.5	2	36.2
122.5	126	3.5	75.0
126	129	3	24.1
129	132	3	29.1
132	134	2	10.5
134	136	2	12.5
136	139	3	7.58

The Company's operations are being conducted on the Rossland Gold Camp property which is situated approximately 2.5 kilometers west of the town of Rossland, B.C. The Company controls approximately 2,750 contiguous hectares of mineral and crown granted claims and is exploring on its primary properties which are the Midnight, OK and IXL crown grants. Historically, under previous ownerships, these properties experienced gold production from narrow quartz veins with high grade gold content. The Company commenced a two phase program with Phase 1 consisting of prospecting and geological mapping of the newly-staked claims, investigation of old showings and geochemical sampling westward and eastward from the existing grid followed up with backhoe trenching. Phase 1 was completed in 2005 and the Company undertook its Phase 2 drilling program with a planned total of approximately 8,000 feet which commenced with step-out drilling from the known mineralized zone present in the Midnight (3100 level) workings. Drill holes are drilled from locations approximately 300 feet apart with 2 to 6 holes being fanned from each drill location at varying drill angles ranging from 45 to 90 degrees.

The Company's field activities are supervised and the technical data for this report was prepared by H. Kim, P.Geo/P.Eng (Practicing) and reviewed by Warren Robb, P.Geo, the Company's director of geology and exploration, both "Qualified Persons", as defined by National Instrument 43-101 ("NI 43-101").

Frank Marasco, President and CEO said, "We are pleased with the early drilling results and the amount of gold encountered in the cores. We look forward to reporting on the balance of the first year's drilling results on our Midnight, OK and IXL properties."

The Company also announces that its Annual Meeting will be held on Tuesday, October 31, 2006 at 11:00 a.m. in the Loughheed Boardroom at the offices of Bennett Jones LLP, located at Suite 4500, 855 2nd Street SW, Calgary, Alberta.

West High Yield Resources is a junior mining exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold properties.

For further information please contact:

Frank Marasco
President and Chief Executive Officer
West High Yield (W.H.Y.) Resources Ltd.
28 Arbour Lake Drive N.W.,
Calgary, Alberta T3G 3N8
Telephone: (403) 660-3488
Facsimile: (403) 206-7159

Email: frank@whyresources.com

Craig G. Robson
Vice President, Corporate Development and
Investor Relations
West High Yield (W.H.Y.) Resources Ltd.
Suite 520, 700 West Pender Street
Vancouver, B.C. V6C 2T8
Telephone: (604) 685-5851 or
1-888 -685-5851
Facsimile: (604) 685-7349
Email: cgrobson@shaw.ca or craig@urg.ca

READER ADVISORY

Certain information regarding the Company including management's assessment of future plans and operations, may constitute forward-looking statements under applicable securities laws and necessarily involve risks associated with mining exploration, production, marketing and transportation such as loss of market, volatility of prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other producers and ability to access sufficient capital from internal and external sources. As a consequence, actual results may differ materially from those anticipated in the forward-looking statements.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

Not for dissemination in the United States or to U.S. persons.